

## A Level Psychology Resource Pack

Below is a collection of curriculum specific broadcast material, sorted by exam board and then study theme. The document will be updated as new content is added and old content is removed.

### OCR

**Research Methods and Techniques** - experiment; observation; self-report; correlation; planning and conducting research - aims and hypotheses and how to formulate, populations, samples and sampling techniques, experimental designs, variables and how they are operationalised, designing observations, designing self-reports; data recording, analysis and presentation; report writing; practical activities; how science works.

**Social** - responses to people in authority - Milgram (1963), Bocchiaro; responses to people in need Piliavin, Levine (2001). Cognitive - memory (Loftus and Palmer, Grant et al), attention (Moray, Simons and Chabris); developmental - external influences on children's behaviour (Bandura, Chaney); moral development (Kohlberg, Lee); biological - regions of the brain (Sperry, Casey), brain plasticity (Blakemore and Cooper, Maguire); individual differences - understanding disorders (Freud, Baron-Cohen), Measuring differences (Gould, Hancock).

- <https://www.bbc.co.uk/programmes/b04p86c8> - BBC Radio 4 – All In The Mind – Milgram Revisited
- <https://www.bbc.co.uk/programmes/p03kr7cx> - BBC Radio 4 – Six Degrees of Connection
- <https://www.bbc.co.uk/programmes/p009vmsq> - BBC World Service – The Documentary – The Mysteries of the Brain
- <https://www.bbc.co.uk/programmes/b084x6m6> - BBC Radio 4 – Freud for Our Times
- <https://www.bbc.co.uk/programmes/p0376l5x> - BBC world Service – Sigmund Freud
- <https://www.bbc.co.uk/programmes/p033jvv4> - BBC World Service – The Sick Mind – Sigmund Freud
- <https://www.bbc.co.uk/programmes/p03m10bb> - BBC World Service – Meridian – The Legacy of Sigmund Freud
- <https://www.bbc.co.uk/programmes/p03jsdj0> - BBC World Service – Ideas – The Legacy of Sigmund Freud
- <https://www.bbc.co.uk/programmes/b0076y1d> - BBC Radio 4 – Great Lives – Sigmund Freud

**Individual studies** - core studies in their pairs, methodological issues, key themes and areas of psychology.

**Areas, Perspectives and Debates** - areas (social, cognitive, developmental, biological, individual differences), perspectives (behaviourist, psychodynamic), debates (nature/nurture, freewill/determinism, reductionism/holism, individual/situational explanations, usefulness of research, ethical consideration, conducting socially sensitive research, psychology as a science.

### AQA

**Social Influence** - conformity; obedience and explanation; explanations of resistance to social influence; minority influence including reference to consistency; the role of social influence processes in social change.

- <https://www.bbc.co.uk/programmes/b04p86c8> - BBC Radio 4 – All In The Mind – Milgram Revisited
- <https://www.bbc.co.uk/programmes/p03kr7cx> - BBC Radio 4 – Six Degrees of Connection
- <https://www.bbc.co.uk/programmes/p009vmsq> - BBC World Service – The Documentary – The Mysteries of the Brain
- <https://www.bbc.co.uk/programmes/b084x6m6> - BBC Radio 4 – Freud for Our Times
- <https://www.bbc.co.uk/programmes/p0376l5x> - BBC world Service – Sigmund Freud
- <https://www.bbc.co.uk/programmes/p033jvv4> - BBC World Service – The Sick Mind – Sigmund Freud
- <https://www.bbc.co.uk/programmes/p03m10bb> - BBC World Service – Meridian – The Legacy of Sigmund Freud
- <https://www.bbc.co.uk/programmes/p03jsdj0> - BBC World Service – Ideas – The Legacy of Sigmund Freud
- <https://www.bbc.co.uk/programmes/b0076y1d> - BBC Radio 4 – Great Lives

**Memory** - Mutli-store model of memory; types of lone term memory; the working memory model; explanation for forgetting; factors affecting the accuracy of eyewitness testimony; improve the accuracy of eyewitness testimony.

- <https://www.bbc.co.uk/programmes/b0978fnv> - BBC Radio 3 – The Essay – The Tricks of Memory – The Strangeness of Memory

**Attachment** - Caregiver-infant interactions in humans; animal studies of attachment; explanations of attachment; Ainsworth's 'Strange Situation'; Bowlby's theory of maternal deprivation; the influence of early attachment on childhood and adult relationships.

**Approaches in Psychology** - learning approaches; the cognitive approach; the biological approach.

**Biopsychology** - the divisions of the nervous system; the structure and function of sensory, relay and motor neurons; the function of the endocrine system; the fight or flight response including the role of adrenaline.

- <https://www.bbc.co.uk/programmes/p033k0sg> - BBC World Service – Body Talk – The Nervous System
- <https://www.bbc.co.uk/programmes/b00y9283> - BBC Radio 4 – In Our Time – The Nervous System

**Psychopathology** - definitions of abnormality - deviation from social norms; behavioural, emotional and congitive characteristics of phobia, depression and OCD; the behavioural approach to explaining and treating phobias; the cognitive approach to explaining and treating depression; the biological approach to explaining and treating OCD.

- <https://www.bbc.co.uk/programmes/p035czgm> - BBC World Service – Health Matters – When Does Fear Become Phobia?

- <https://www.bbc.co.uk/programmes/b0952ph0> - BBC Radio 4 – One to One – Isabel Hardman on Nature and Depression

**Research Methods** - experimental method; observational techniques; self-report techniques; correlations.

**Scientific Process** - Aims; hypotheses; sampling; pilot studies and the aims of piloting; experimental designs; observational design; questionnaire construction; variable; control; demand characteristics and investigator effects; ethics; the role of peer review in the scientific process; the implications of psychological.

**Data Handling and Analysis** - quantitative and qualitative data; primary and secondary data; descriptive statistics; presentation and display of quantitative data; distributions; introduction to statistical testing.

**Inferential Testing** - introduction to statistical testing; probability and significance; factors affecting the choice of statistical test.

**Issues and Debates in Psychology** - relationships; gender; cognition and development; schizophrenia; eating behaviour; stress; aggression; forensic psychology; addiction.

## EdExcel

**Social Psychology** - Obedience; prejudice; self-reporting data; sample selection; qualitative and quantitative data; ethical guidelines; studies - The Robbers Cave Experiment and Burger 2009, Reicher and Haslam, Cohrs (2012); practical investigation;

- <https://www.bbc.co.uk/programmes/b04p86c8> - BBC Radio 4 – All In The Mind – Milgram Revisited
- <https://www.bbc.co.uk/programmes/p03kr7cx> - BBC Radio 4 – Six Degrees of Connection
- <https://www.bbc.co.uk/programmes/b07zyl4d> - BBC Radio 4 – Analysis – The Myth of Mobs

**Issues and debates** - ethics; practical issues in the design and implementation of research; reductionism; comparisons between ways of explaining behaviour using different themes; psychology as a science; culture and gender; nature-nurture; an understanding of how psychological understanding has developed over time; issues of social control; the use of psychological knowledge in society; issues related to socially-sensitive research."

**Cognitive Psychology** - Memory; individual differences in memory; developmental psychology in memory - Sebastian and Hernandez-Gil, dyslexia and children's memory, the impact of Alzheimers on older people; experiments; quantitative data analysis; decision making and interpretation of inferential statistics; case study of brain-damaged patients including Henry Molaison; classic study - Baddeley Working memory model; Schmolck (2002), Steyvers and Hemmer (2012), Sebastian and Hernandez-Gil.

- <https://www.bbc.co.uk/programmes/b0978fnv> - BBC Radio 3 – The Essay – The Tricks of Memory – The Strangeness of Memory
- <https://www.bbc.co.uk/programmes/p03jrx97> - BBC World Service – Discovery – Alzheimer's Disease

- <https://www.bbc.co.uk/programmes/p039716h> - BBC World Service – Visionaries – The Nature of the Brain
- <https://www.bbc.co.uk/programmes/p01fhvsh> - BBC World Service – Health Check – The Case of Henry Molaison

**Biological Psychology** - The central nervous system; individual differences; developmental psychology - the role of evolution and hormones in human development; correlational research; classic study - Raine (brain abnormalities in murderers) Li (2013) heroin study, Brendgen (genetic and environmental effects on social aggression), Van den Oever (2008); how effective is drug therapy for treating addictions? Practical investigation; issues and debates as above.

- <https://www.bbc.co.uk/programmes/b00y9283> - BBC Radio 4 – In Our Time – The Nervous System
- <https://www.bbc.co.uk/programmes/p033k0sg> - BBC World Service – The Nervous System

**Learning Theories** - classical conditioning; operant conditioning; individual differences; developmental psychology; human research; animal research; analysis of data; scientific status of psychology; classic study - Watson and Rayner (1920); Becker (2002), Bastian (2011) - cyber-dehumanisation, Capafons (1998); key questions - is the influence of role models and celebrities something that causes anorexia? Practical investigation; issues and debates as above.

- <https://www.bbc.co.uk/programmes/p05nrwsy> - BBC Radio 1 – Newsbeat Documentaries – My Mind and ME

**Clinical Psychology** - diagnosis of mental disorders; classification systems; schizophrenia and one other disorder from anorexia, obsessive-compulsive disorder and unipolar depression and treatments; Health and Care Professions Council guidelines; researching mental health.

- <https://www.bbc.co.uk/programmes/p035cyk7> - BBC World Service – The Birth of Clinical Psychology
- <https://www.bbc.co.uk/programmes/p035cyk2> - BBC World Service – Health matters – Psychology in the Classroom
- <https://www.bbc.co.uk/programmes/p066kvg5> - BBC Three - The Voices in My Head
- <https://www.bbc.co.uk/programmes/p033jtbx> - BBC World Service – Psychologically Speaking – Schizophrenia
- <https://www.bbc.co.uk/programmes/p03jv5vq> - Telling it Like it Is – Schizophrenia

**Classic study** - Kroenke (2008) PHQ-8; Williams (2013) imagination and reason in the treatment of depression; anorexia studies and obsessive compulsive disorder - Masellis, POTS

- <https://www.bbc.co.uk/programmes/p05nrwsy> - BBC Radio 1 – Newsbeat Documentaries – My Mind and ME

**Criminological Psychology** - explanations of crime and anti-social behaviour; understanding the offender, offence analysis, two treatments for offenders, factors influencing eye-witness testimony, factors influencing jury decision-making; developmental psychology; research methods; sample

selection and techniques; studies - Loftus and Palmer; Bradbury MD Williams (2013); Valentine T and MEsout J (2009); Howells (2005). Qs as above.

- <https://www.bbc.co.uk/programmes/p02fwl9d> - BBC World Service – Health Check – Criminal Behaviour in Neurodegenerative Disease Patients
- <https://www.bbc.co.uk/programmes/p0376lnf> - BBC World Service – Omnibus – A Mind to Crime
- <https://www.bbc.co.uk/programmes/p0376k03> - BBC World Service – Environment and Our Behaviour

**Child Psychology** - Attachment, deprivation and privation - Bowlby and Ainsworth work on attachment, autism - van Ijzendoorn and Kroonenberg (1988) (cross cultural patterns of attachment); Cassibba (2013); Gagnon-Oosterwaal pre-adoption adversity; Li (2013) timing of highquality Child Care; what issues should parents take into account when deciding about day care?

- <https://www.bbc.co.uk/programmes/p02200jw> - BBC World Service – The Truth About... - Life and Death: Babies' Minds

**Health Psychology** - issues around drug taking, tolerance, physical and psychological dependency; explanations; treatments for drug addiction; one anti-drug campaign; use of animals; human drug studies; Old and Millner (1954) positive reinforcement; Mundt (2012); Dixit (2012); Pengpid (2012)

**Psychological Skills** - types of data; sampling techniques; descriptive statistics, inferential statistics; methodological issues; synoptic review of studies; issues and debates

## WJEC

Psychology: Past to Present

**Biological** - evolutionary influences, localisation of brain function, neurotransmitters: Raine A; Buchsbaum M and LaCasse L. - brain abnormalities in murderers indicated by positron emission tomography.

- <https://www.bbc.co.uk/programmes/b08kv3y4> - BBC Radio 4 – The Life Scientific – Daniel Dennett on the Evolution of the Human Brain

**Psychodynamic** - influence of childhood experiences; the unconscious mind; tripartite personality - Bowlby J (1944).

- <https://www.bbc.co.uk/programmes/b09gh5ht> - BBC Radio 4 – All in the Mind – Dementia Films, The Unconscious Mind

**Behaviourist** - blank slate; behaviour learnt through conditioning; humans and animals learn in similar ways - Watson, J.B. and Rayner R.

**Cognitive** - Computer analogy, internal mental processes, schemas - Loftus E. and Palmer J.C - reconstruction of automobile destruction.

- <https://www.bbc.co.uk/programmes/p033k0yb> - BBC World Service – Body Talk – The Brain

**Positive** - acknowledgement of free will, authenticity of goodness and excellence, focus on the 'good life' - Myers D.G. and Diener E. - Who is Happy?

**Contemporary Debates** - the ethics of neuroscience; the mother as primary care-giver of an infant; using conditioning techniques to control the behaviour of children; reliability of eye-witness testimony (including children); relevance of positive psychology in today's society.

- <https://www.bbc.co.uk/programmes/p0397gtg> - BBC World Service – Beyond the Millennium – Neuroscience
- <https://www.bbc.co.uk/programmes/b09zt3n5> - BBC Radio 4 – BBC Inside Science – Human Consciousness: Could a Brain In a Dish Become Sentient?
- <https://www.bbc.co.uk/programmes/b00fbd26> - BBC Radio 4 – In Our Time – Neuroscience
- <https://www.bbc.co.uk/programmes/w3cswll> - BBC World Service – The Documentary – Neurolaw and Order
- <https://www.bbc.co.uk/programmes/p005459f> - BBC Radio 4 – In Our Time – Neuroscience in the 20<sup>th</sup> Century
- <https://www.bbc.co.uk/programmes/p01nm0bb> - BBC World Service – Health Check – Twenty Five Years of Neuroscience
- <https://www.bbc.co.uk/programmes/b03q600h> - BBC Radio 4 – Start of the Week – Neuroscience and Free Will
- <https://www.bbc.co.uk/programmes/p04cnnpl> - BBC World Service – The Why Factor – Eye Witness Identification

**Principles of research methods** - Social Psychology: Milgram S (1963) - Behavioural Study of Obedience; Developmental Psychology - Kohlberg - the child as a moral philosopher.

- <https://www.bbc.co.uk/programmes/b04p86c8> - BBC Radio 4 – All In The Mind – Milgram Revisited

**Psychology** - Implications in the Modern World - The study of behaviours: characteristics of behaviour; biological, individual and social differences to behaviours; know and understand the methods of modifying the behaviour.

**Controversies** - understand the issue and why it is controversial; apply knowledge and understanding to controversies in psychology."

**Content** - addictive behaviours - addiction genes, disease of brain, dopamine, cognitive biases, field dependence, Long's addictive personality traits, co-morbidity with mental illness, peer pressure, role of media, agonist and antagonist substitution, aversion therapy.

- <https://www.bbc.co.uk/programmes/b07bfzlj> - BBC Radio 4 – iPM – Dopamine: How it can cause Havoc

**Autistic Spectrum Behaviours** - amygdala dysfunction; chloride ions at birth; genetic predisposition; gender differences; theory of mind; weak central coherence theory; male behaviour; empathising-systemising theory; refrigerator mother; Picture Exchange Communication System; Relationship Development Intervention.

- <https://www.bbc.co.uk/programmes/w3cswshl> - BBC World Service – Witness – The First Diagnosis of Autism

**Content - Bullying Behaviours** - Bullying genes; evolved gender differences; hormones; cognitive biases; narcissistic personality; theory of the mind; cultural differences; ingroup/our-group; moral disengagement; Creating a Peaceful School Learning Environment; Olweus Bullying Prevention Programme.

- <https://www.bbc.co.uk/programmes/w3csvtcb> - BBC World Service – They Why Factor – Bullies

**Criminal Behaviours** - Disinhibition hypothesis; inherited criminality; role of the amygdala; Eysenck's criminal personality; intelligence factors; psychopathic personality; differential association theory; gender socialisation; normalisation theory; anger management; restorative justice."

- <https://www.bbc.co.uk/programmes/p02fwl9d> - BBC World Service – Health Check – Criminal Behaviour in Neurodegenerative Disease Patients
- <https://www.bbc.co.uk/programmes/p0376lnf> - BBC World Service – Omnibus – A Mind to Crime
- <https://www.bbc.co.uk/programmes/p0376k03> - BBC World Service – Environment and Our Behaviour

**Content - Schizophrenia** - cannabis influence on brain chemistry; dopamine hypothesis; enlarged ventricles; thought disorder; schizophrenogenic mother; sex differences; cultural norms; dysfunctional families; expressed emotions; antipsychotic drugs; cognitive behavioural therapy.

- <https://www.bbc.co.uk/programmes/p066kvg5> - BBC Three - The Voices in My Head
- <https://www.bbc.co.uk/programmes/p033jtbx> - BBC World Service – Psychologically Speaking – Schizophrenia
- <https://www.bbc.co.uk/programmes/p03jv5vq> - Telling it Like it Is – Schizophrenia

**Stress** - adrenaline, evolutionary adaptation, stress genes; hardiness, self-efficacy; type A, type B personalities; daily hassles, life events, locus of control; beta blockers, stress inoculation training.

**Controversies in Psychology** - Cultural bias; ethical costs of conducting research; non-human animals; scientific status; sexism.